



## Choosing Your Communication Settings

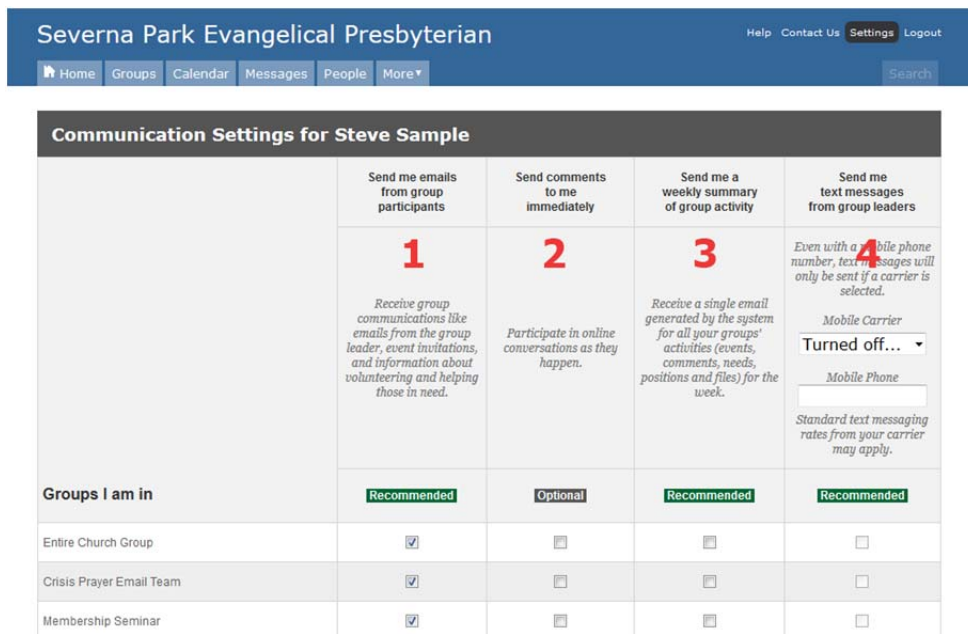
You can choose which groups you would like to receive email notification when group members post a message to the group, and which groups can send you text messages.

- 1) From your profile, click on "Set communication prefs."



On the top half, there are four columns.

- 2) If the **first column** is checked, you will receive messages from the groups. (Note: If you don't have this checked, you will receive NO messages from a group!) If the **second column** is checked, you will receive comments posted on messages. The check in the **third column** will produce a weekly summary from the group. The **fourth column** is used to receive text messages – which are only available in a small number of groups.



- 3) The bottom half of the page can be used to set up groups that you will join in the future. You can always return to this page and change settings, so it is suggested that you go with the group default.

**Future Group Defaults**  
You can decide what your communication settings will be when you are added to a group in the future.

	Send me emails from group participants	Send comments to me immediately	Send me a weekly summary of group activity	Send me text messages from group leaders
Future groups I am added to	Use group default ▾	Use group default ▾	Use group default ▾	Do not send to me ▾

**General Church Communication**  
These emails are usually sent by church leadership or staff.

**Recommended** I'd like to receive important campus- and church-wide emails.

**Email Address**  
You can update your email address.

(Example: you@ccbchurch.com)

If you do not want to receive any more emails from us, you can permanently remove your email address from the database. Removing your email address means no one in this church will be able to contact you via email using this system. If you would like us to have your email address for contact purposes, please do not click this option.

**NOT Recommended** Completely remove my email address from the database.

Cancel or

Need to login for the first time and don't know how? [First time login](#)

Ready to login and change your settings? [SPEPconnect login](#)